

Abnormal Behavior ✎ Difficulty Speaking ✎ Seizures  
✎ Fainting ✎ Heavy Sweating ✎ Hot, Dry Skin



- 1** Call 911 immediately
- 2** Cool right away with water or ice
- 3** Remove extra clothing
- 4** Give cool water to drink
- 5** Do not leave alone

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**IN CASE OF EMERGENCY**

**Employer**  
**Phone Number:** \_\_\_\_\_

**Worksite**  
**Address:** \_\_\_\_\_



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