HEAT EMERGENCY SIGNS

Abnormal Behavior ✓ Difficulty Speaking ✓ Seizures ✓ Fainting ✓ Heavy Sweating ✓ Hot, Dry Skin



GET HELP! ACT FAST!

- 1 Call 911 immediately
- 2 Cool right away with water or ice
- 3 Remove extra clothing
- 4 Give cool water to drink
- 5 Do not leave alone

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Employer Phone Number:			Employer Phone Number:		
Worksite Address:			Worksite Address:		
OSHA Occupational Safety and Health Administration	Heat Illness Prevention	OSHA 4403-02 2024 osha.gov/heat	OSHA® Occupational Safety and Health Administration	Heat Illness Prevention	OSHA 4403-02 2024 osha.gov/heat
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