

Name: _____

Date: _____

Knowledge Check: Fall Protection

1. What is the first line of defense when it comes to falls in the workplace?
 - a. Control the fall itself once it occurs
 - b. Eliminate the fall hazard completely
 - c. With the fall hazard present, prevent the fall
 - d. Use personal protective equipment

2. A worker is required to remove a section of guardrail in order to receive materials from a fork truck, which of the following provides the best protections to prevent a fall?
 - a. Avoid the edge
 - b. Use a personal fall arrest system
 - c. Use a fall restraint system
 - d. Use grab handles

3. A personal fall arrest system (PFAS) anchorage point must be capable of handling ____ pounds.
 - a. 2,000
 - b. 3,000
 - c. 4,000
 - d. 5,000